



## THE PROBUS CLUB OF UXBRIDGE

[www.uxbridgeprobus.com](http://www.uxbridgeprobus.com)

[uxbridgeprobus@gmail.com](mailto:uxbridgeprobus@gmail.com)

# UXFORMATION

## March 2023

### MANAGEMENT TEAM

President  
**Kathy Clulow**

Past-President  
**Chuck Heroux**

First Vice-President  
& Zoom Coordinator  
**Bernie Beales**

Secretary  
**Linda Abate**

Treasurer  
**Wayne Brasseur**

Speaker Chair  
**Deirdre Gibson**

Social Committee Chairs  
**Gail Porter Heroux  
Camille Scarlett**

Interest Groups Chair  
**Betty Bignell**

Newsletter Editor  
**Carolyn Hicken**

Membership Chair  
**Elaine Stevenson**

Webmaster  
**Gerry Bignell**

Volunteer Co-ordinator  
**Lynn Moore**

MEMBERS AT LARGE  
**Brett Moore  
Larry Nancekivell  
Gail Verwoerd  
Judy Fountain**

### President's Message

With so many new members, I think it is wise to share a little information about PROBUS - did you realize that we are part of a Global Association? Go to <https://probusglobal.org/> or <https://www.probuscanada.ca/home> for information about our International Parent Group.

Here is some information from the site:

“Our goal is to provide Fellowship, Friendship, and Fun for men and women in their retirement and semi-retirement years.

We are a volunteer-based, non-profit, non-political, non-sectarian fellowship organization with over 4,000 clubs worldwide, some 250 being Canadian clubs made up of over 35,000 members. Our clubs are all about encouraging healthy minds and bodies and socializing with other retirees in the community.

In PROBUS you'll find a wealth of new experiences and a much-expanded social network. The opportunities abound in each club with awesome guest speakers, a broad range of interesting activities and social events, stimulating conversation and the chance to explore your community, Canada, and the world with new friends.

The emphasis is that the club be simple in structure, be free of constraints, and involve members in a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and the opportunity for development of acquaintance.”

Returning to Uxbridge, our club started in June 2018. This year we anticipate celebrating our 5<sup>th</sup> anniversary!

We are a great group as I'm sure you are aware! We all have years of experience, strengths, and talents. Will YOU consider sharing your knowledge and fresh ideas with our group in some way? There are so many opportunities to help shape the future of our club. Please see the Nominating Committee report in this newsletter. We look forward to hearing from you.

Kathy Clulow

President, Uxbridge PROBUS Club



## **Our next PROBUS Meeting will be on Wednesday, March 8, 2023 at 10 a.m. In-person at the Uxbridge Legion.**

### **Parking for General Meetings at the Legion...**

We are pushing the limits of the Legion, both inside and out. Last month, a number of our members parked across the street in front of Uxpool. Someone called the By-Law officer to complain. Apparently, there was an issue as our group was leaving to return to their cars.

In the future, the back gate of the Legion parking lot will be open. This way, when the lot is full, you can drive straight through and park on Third Ave South. We will have someone out front monitoring. In addition, there are often spaces available across the street by the Curling Club, if needed.

Thank you in advance for keeping this in mind. We look forward to seeing you at our next meeting.

### **Nominating Committee Report**

All of us have strengths, skills, and interests. Would YOU consider sharing your talents by volunteering to assist the Management Team in some way?

Our Annual General Meeting is June 14 where, in addition to celebrating our 5th Anniversary, we will be voting in our new Management Team.

The Uxbridge PROBUS Club is a vibrant group of active seniors and we are pleased to have you as a member. Our popular and highly social club thrives as a result of the combined efforts of our dedicated volunteers and engaged members. To ensure our club continues we need help!

We have a wide range of opportunities for involvement opening up from entry-level positions assisting one of the Management Team to Treasurer, Newsletter Editor, House Chair, and Vice President! The current team members have offered to assist and train new recruits. Job descriptions are available on our website. We meet via Zoom on the fourth Wednesday of each month from 10:00-12:00 noon.

Please consider joining our team and adding fresh ideas, by responding to Kathy @ [president.uxbridgeprobus@gmail.com](mailto:president.uxbridgeprobus@gmail.com). We would love to hear from you to give you the details and answer any questions you may have. You can also call or text Kathy at 416-994-6143.

PROBUS Information plus Job Descriptions and ByLaws can be found on our website.

[www.uxbridgeprobus.com](http://www.uxbridgeprobus.com)

#### [Uxbridge PROBUS](#)

The PROBUS Club of Uxbridge is a club for retired and semi-retired residents of Uxbridge, Ontario who are interested in a fun social network with others who enjoy similar interests and activities.

[www.uxbridgeprobus.com](http://www.uxbridgeprobus.com)

"Remember that the Happiest people are not those that are getting more, it is the ones who give more."  
H Jackson Brown Jr.

On behalf of the Nominating Committee, Kathy Clulow, Chuck Heroux, and Marie McEachnie.

## Membership

Our membership stands at our capacity of 275, we presently have 11 on the waitlist.

## Speaker's Corner

Probus speaker March 2023 confirmed Feb 6 2023

New member Stan Taylor the science man Topic "from Uxbridge to NASA to Uxbridge"

Web site is [www.stanscienceman.com](http://www.stanscienceman.com)

Tel 905 706 4720 email [Stanscienceman747@gmail.com](mailto:Stanscienceman747@gmail.com)

From his web site

### Biography of Stanley R. Taylor

Stanley R. Taylor taught for the Toronto Catholic District School Board for 23 years. He retired in 2001 and did workshops for students, educators and within the community for Scientists in School. Mr. Taylor gave Science workshops in "Celestial Sleuths" (astronomy) and "Flight" with Grade 6 students, "Structures" with Grades 5 and 3 students, and Fluids, namely pneumatics for grade eight students.

Stan sat on the *Crucible* and *Elements* Editorial Board and the Program Committee with the Science Teachers Association of Ontario (STAO) and has published 75 science articles with them since 2004. Two of his publications are: "Caught in the Web: The Spider Girls" *Crucible*, December 2013 involving students of Uxbridge Secondary School and "AstroNut Kids Mission #45 In Elements. He also served as Vice-Chair of the Communications Committee of the Professional Writers Association of Canada (PWAC).

Stan has also published articles in *The Windsor Star*, *The Fredericton Gleaner*, the *Uxbridge COSMOS*, *Canadian Teacher* and *Diakonos* [Theological Journal of Huron College].

Stan ran a workshop in early February 2019 at the Space Exploration Educators Conference at Johnson Space Center for educators entitled "Inexpensive Space Activities for Your Classroom (Revised)."

The ABS Abacus Brain Study group had a March Break S.T.E.A.M. Camp, where Scientist Stan was one of 4 educators to do a workshop with the children.

In addition to his membership with the Science Teachers Association of Ontario (STAO) and founding member of the Canadian Media Guild (CMG, formerly PWAC), Stan is a member of the:

- Young Canadian Space Club, Founder
- Retired Teachers of Ontario
- Royal Astronomical Society of Canada
- Royal Astronomical Society of Canada
- 100 Men in Uxbridge Who Care

Stan's published books are: *Taylor's Pneumatic Toys*, *Career Options Maria Sirdar-Nickel*, and *Hover & Soar*, all available on Amazon and Barnes & Noble.

Deirdre Gibson, Speakers Chair

## EVENT REPORTS

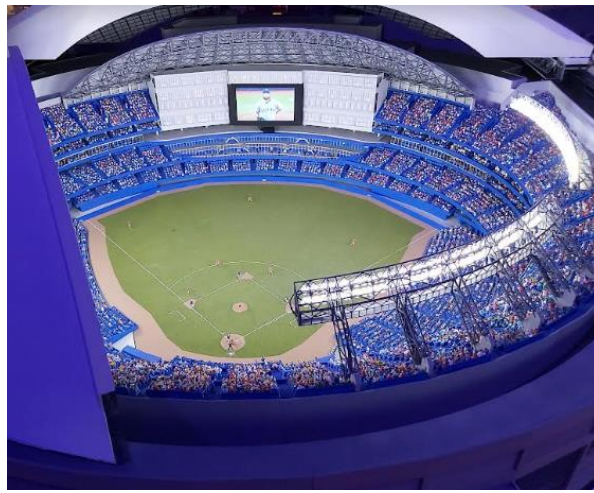
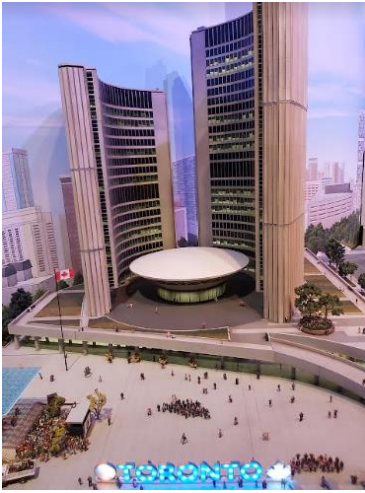
Tuesday January 31st was our trip downtown for three stops of interest ... all excellent choices. Little Canada was amazing with cities and attractions done in miniature with such detail, from traffic jams to July 1st fireworks at the Peace Tower.

Lunch was at the Hot House where both food and service were excellent.

Our last stop was Ripley's Aquarium with a walkthrough seeing fish of all kinds and sizes such as sharks and sting rays, even overhead.

This trip was fantastic plus we met a lot of new members. A big thank you goes to Gail, Chuck and Camille and everyone who made this day possible.

Judy and Bob Prince



**Photos:  
Judy & Bob Prince**

Living in Uxbridge and belonging to Probus means we have access to so many amenities, The trip to Toronto was such a wonderful FULL day out.

Little Canada is a "World Class" exhibit and I believe it will be extended soon to include the East Coast Area. So the next time we go (Hint, Hint, Wink, Wink, Wink) it will be even more of a great experience.

At the Aquarium, I felt as if I was walking on the floor of the Ocean and seeing such a variety of creatures of the deep was amazing. The Hot House Cafe did us proud and I'm sure all were "well fed".

Sheila Disley



**Photos:**  
**Carolyn Hicken**

## SOCIAL CALENDAR

**Social Co-Chairs: Gail Heroux & Camille Scarlett**

### **TO SIGN UP FOR ALL SOCIAL EVENTS:**

**- first - you must sign up either by email to..**

**[social.uxbridgeprobus@gmail.com](mailto:social.uxbridgeprobus@gmail.com)**

**or telephone to Gail Heroux - 905-852-9927**

**or Camille Scarlett - 416-859-1593**

**or at meeting at social table**

**-next- you must pay - either by e-transfer to**

**[treasurer.uxbridgeprobus@gmail.com](mailto:treasurer.uxbridgeprobus@gmail.com)**

**or by cheque at a meeting**

**or**

**mail a cheque to Uxbridge PROBUS c/o Gail Heroux**

**72 Munro Crescent**

**Uxbridge L9P 1L8**

TUESDAY MARCH 14, 2023...

ST. PATRICK'S SHENANIGANS

at THE UXBRIDGE LEGION



**COST : \$60 pp  
(\$65 guest)**



- catered Irish themed dinner by **Erin Monaghan & Baliwick Food Co.**
- entertainment by line dancers
  - trivia by Bernie Beales
  - music
  - cash bar
  - raffle

of course, wearing of the green is mandatory!!

Buffet Menu:

- Irish soda bread (2 varieties) with compound flavoured butter
- Shepherd's pie with braised beef (vegetarian option by request)
- Bratwurst sausage with peppers & onions
- Beer braised cabbage with onion & bacon
- Cauliflower & broccoli with beer/cheese sauce
- Salad bar
- Guinness cake with tea & coffee



sign up at the meetings in February & March and also by email or telephone as listed at the top of the social calendar

see attached flyer for more information

**TUESDAY APRIL 25.....10:00 am**

**COFFEE & CONVERSATION REPRISE !**



**If you missed the previous event, you have another chance to come out and meet more of your fellow **PROBUS** members!**

**Special invitation to our new members but all members welcome!**

**Deirdre & Robert are once again opening their lovely home for this event... if we're lucky, we may be able to go outside to their garden!**

**Cost \$5 person**

**Sign up at the social table or by email as noted in the above instructions!**

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**SUNDAY APRIL 30....**

**MARKHAM CONCERT BAND PRESENTS.....**



Markham Concert Band  
Presents

# "Your Old, Old Favourites"

with Borealis Big Band

April 30, 2023 - 2pm  
At Flato Markham Theatre  
[www.mcband.ca](http://www.mcband.ca)  
For tickets: (905) 305 - 7469

FLATO  
MARKHAM  
THEATRE

Here's a whole show of fun and familiar tunes to put a bounce in your step & a smile on your face. Louis Prima's Sing Sing Sing! Leroy Anderson's Syncopated Clock! Special guest - Borealis Big Band doing a 1:35 pre-show & an in-show set



Join us for dinner after the concert at Mandarin Restaurant Boxgrove Markham  
sign up to register for the reservation ..by email or at the social table

As before, you are responsible for purchasing your own concert tickets...by  
telephone only and use promo code "PROBUS" to receive special discount



**THURSDAY MAY 25....**

**cost \$25-member, \$30-guest**



**VISIT TO THUNDER RIDGE BISON FARM**  
**(IN UXBRIDGE)**



Tour by owner Brian Arnold followed by barbecue lunch of salads, bison meat, dessert and drinks. ThunderRidge Products will be available for purchase in their store after lunch.

sign up at the March meeting according to instructions at the top of social calendar

see more details in attached flyer

**TUESDAY MAY 30.....**

**MILLENIUM LILAC TRAIL...WARKWORTH**  
**with Peter Brotherhood**



**Warkworth Lilac Tour with Peter Brotherhood** - ( Mary Morton Tour)

Spend a day enjoying the rural delights of Northumberland County. The **Primrose Donkey Sanctuary** is dedicated to the rescue, protection, and rehabilitation of abused donkeys. Here, we will meet the donkeys up close and learn about their admirable traits. Next, is a delicious **lunch at St. Paul's United in Warkworth**, with Chicken as your Entrée. With a guide, we will stroll the **Millenium Lilac Trails** showcasing 300 lilacs of 83 unique lilac species. You will be immersed in the sweet fragrances of lilacs in bloom as you walk the flat trail alongside Mill Creek. You may wish to sit under the gazebo with a view of lilacs, the gardens, bird feeders, and the burbling creek. Bring your cameras! At the nearby **Glover's Farm Market** we will have time to shop for local farm products from baked goods to crafts, from jams to Sprucewood (shortbread) cookies.

For more information regarding this excursion, you may look online at ....

[warkworthlilacfestival.ca](http://warkworthlilacfestival.ca) for photos and more information

and

[primrosedonkeysanctuary.com](http://primrosedonkeysanctuary.com) for photos and history of the sanctuary

**COST: \$130 (member) \$140 (guest)**

**WEDNESDAY JUNE 14.....**



**PROBUS ANNUAL MEETING**

**&**

**5TH ANNIVERSARY CELEBRATION**

**at**

**WOODEN STICKS GOLF CLUB ...10:00 am meeting**

**followed by optional buffet lunch (charge to be determined for members choosing to stay for lunch)**

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**THURSDAY AUGUST 17..... ST. JACOB'S  
SCHOOLHOUSE THEATRE**

**“PERFECT WEDDING” (Mary Morton Tour)**

Spend time at the St Jacob's Farmer's Market, where you can browse from the vast array of locally grown fresh produce, meats, cheese, baking, and more. Lunch is included at the Golf Steak House and you may make your Entrée choice there. At 2:00 p.m. it's showtime at the St Jacob's Schoolhouse Theatre for 'Perfect Wedding.' "Take a walk down the aisle and say "I DO!" to a bridal suite spectacle that is equal parts riotous comedy and touching love story. A bridegroom wakes up in his bridal suite with a hangover on the morning he's about to be married, and turns to the woman in bed beside him...and has no recollection of her at all. But he does recall that his fiancée is about to arrive at any moment! During the ensuing panic to get the stranger dressed and out of the way, the bride arrives, the woman is trapped in the bathroom, and the best man gets pressed into action – at considerable risk to his own happiness. By the time the bride's mother gets in on the act, the chaos reaches hysterical (and hilarious) proportions, making the big day far from a piece of cake!"

**Details and cost to follow ...save the date and watch your email for further information**

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**WEDNESDAY SEPTEMBER 6...  
STRATFORD FESTIVAL... SPAMALOT ...  
AVON THEATRE 2 PM**

Monty Python's Spamalot offers up a hefty share of irreverence in a hilarious spoof of the story of King Arthur and his Knights of the Round Table as they go in search of the Holy Grail. This outrageous musical comedy by John Du Prez and Eric Idle lets us look at our flaws and foibles and in doing so allows us to laugh at the things that make us human.

Lunch will, of course, be included!

Details and cost to follow ... save the date and watch your email for further information .

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**WEDNESDAY SEPTEMBER 20...**

**Summer Finale Barbecue -  
Cullen Central Park  
Whitby ...Erin Monaghan catering**

**to be confirmed with Whitby Parks & Rec Dep't**

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**JULY....We hope to have a cruise,  
possibly out of Parry Sound...  
watch for details coming soon**

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## INTEREST GROUPS



The first day of Spring is March 20, 2023!

**On March 8, 2023**, the next General meeting will be at the Uxbridge Legion and wearing masks will be optional. At our Club's **Indoor Interest Group events**, wearing masks will be what the Coordinators and host households prefer.

There will always be **Interest Group sign-up sheets** at the back of the Legion meeting room. If you are interested in joining any of the groups, add your name & contact information to the sign-up sheets! **Please print!** As well you can contact me, Betty Bignell at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com).

I'll be at the back of the room with the sign-up sheets during our coffee break, hopefully able to answer any questions. Coordinators all have their Group name tags and may be sitting with me or somewhere in the room available to answer any questions. Everyone joining an Interest Group must be a Club member! If you are a **new Club member**, please indicate with NM beside your name on the sign-up sheets.

There usually isn't a charge to join an Interest Group, but some may have a minimal fee to pay for using the venue.

### **POTENTIAL INTEREST GROUPS:**

Animals (Horses & Dogs), Astrology, Bowling, Card & Board Games, Cooking, Current Events, Music, Fitness, History, Home Reno, Mah-jong, Sports: (Pole Walking, Running, Biking, Skiing, Skating, Swimming), Photography, Sailing, Yoga and more.

\*If you have an idea of another potential new group or want to join one of the above suggested groups, please contact me at the General Meetings or send me a message at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com)

\*We need Coordinators to make the following groups active: Art Club, Book Lovers, Meditation and Travel.

**Teamwork Makes the Dreams work!**

## CURRENT INTEREST GROUPS:

### BANNED BOOK CLUB

The group meets, again on **March 21, 2023** and will be reading, “*The Absolutely True Diary of a Part Time Indian,*” by Sherman Alexi. The discussion will be led by Joanne Alexander.

The group met on February 21, 2023, to discuss “*Lady Chatterley’s Lover*”, by D.H. Lawrence. The book, first published in 1928, was considered controversial due to the use of four-letter words, the relationship of an upper-class woman with a servant/working class man and has explicit descriptions of sex.

Currently the group has a spot for one new Club member. If interested in joining contact me, Betty Bignell at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com).



The group will meet monthly on the third Tuesday at 1:30. Coordinator: Camille Scarlett

### BOOK LOVERS – **Coordinator Required**

The Book Lovers will be meeting next on **March 15 from 1:30-3:00** to discuss “*The Clockmaker’s Daughter*” by Kate Morton. In the summer of 1862, a group of young artists met to spend a secluded summer month in a haze of inspiration and creativity. However, their plans didn’t fall into place as they hoped. Over 150 years later a young archivist in London, uncovered a leather satchel containing two seemingly unrelated items: and a search began.

Last month the group read “*Crow River*” by Karen McBride and recommend others read it as it explains the Indigenous way of life. If interested in joining this group, contact me, Betty Bignell [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com).

The Book Lovers Group will meet on the third Wednesday monthly, from 1:00-3:00.

### BOOK CLUB **This group has reached its maximum number of members and has a waiting list.**

Please contact me if you want to be added to the wait list, Betty Bignell, [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com) Coordinators Lyn May, Lenore Moore

### CASINO VISITS

This group will be taking a break until the Spring. If you are interested in joining the Casino Visits Group, please contact me at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com). Coordinator: Jim Boyle

### EUCHRE.



The Euchre group meets on the first Tuesday of the month, at 10:00 am.

Coordinator: Carolyn Hicken

## GARDENING

The group will meet next on **Thursday, March 2, 2023, from 11:30-1:00 pm.**

As we look forward to spring, planting seeds indoors is a way to start garden journeys this year. A list of flower and vegetable plants that are good to start now, along with the right soil and set up will be discussed.

Some may start with cuttings from friends, so the group will also discuss the process of nurturing cuttings.

Bringing seeds or cuttings from last year's garden to be shared will be part of the get together.

There will be a very small initial charge and weekly charge for members of this group.

For more information or to join the group, please contact me, Betty Bignell at

[interest.groups.uxbridgeprobus@gmail.com](mailto:interest.groups.uxbridgeprobus@gmail.com) .

Coordinator: Sally Kotsopoulos

**GENEALOGY** Membership in this group is capped for now as they have outgrown the venue where they meet.

The next meeting will be **March 16 from 1:30-3:30**

This small group has members actively tracking their family trees and exploring their DNA.

The group will meet on the third Thursday of each month from 1:30-3:30.

Coordinator – Bernie Beales

## HANDICRAFT

The Handicraft group will meet **Friday, March 17, at 1:00 pm.**

This month the group will be preparing for Easter in April. To make Bunnies in a Frame, group members will bring a 5x7 or an 8x10 frame, felt, Easter eggs and a good pair of scissors, along with Easter Bunny Pom Pom garland. To make Paper Napkin Bunnies members will bring a package of spring paper napkins.



These are some simple crafts for anyone who wants to learn something new and take it home for some spring décor.

Members are encouraged to bring the projects they are working on or starting anew in the upcoming months. This is a busy group with lots of crafty and artistic ideas to learn from each other.

There will be a small initial charge and weekly charge for members of this group.

For more information or to join the group, please contact me, Betty Bignell at [interest.groups.uxbridgeprobus@gmail.com](mailto:interest.groups.uxbridgeprobus@gmail.com) .

Coordinator: Sally Kotsopoulos



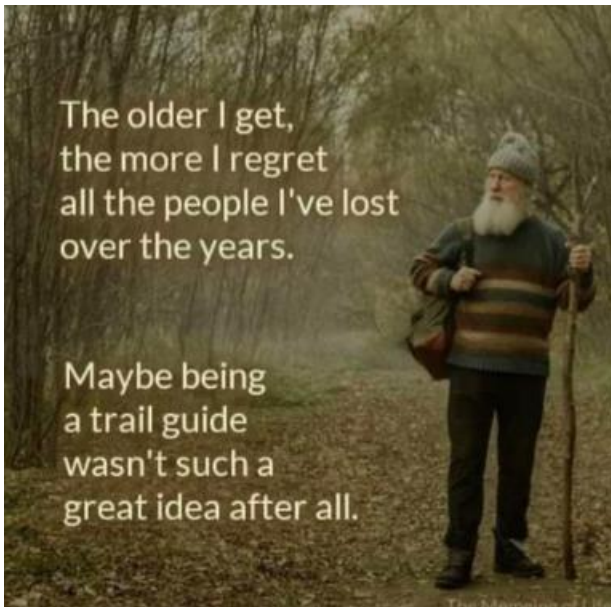
## HIKING

Our Goodwood/Uxbridge area has a wonderful series of trails through a variety of forests and meadows, some quite flat, some with gentle hills. The group explores these forest trails near Uxbridge in the Durham and York Regions for 1 ½ to 2 hours. Join them for lively discussions, interesting views and leisurely treks!

The Hiking Group meets on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month at 9:30 am. If you are interested in joining this Interest Group, send your request to Betty Bignell at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com).

March hikes are scheduled for 9:30 am **Thursday, March 2 and March 16.** Hike details are emailed to members for Pre-registration.

Coordinators: Carol Fraser, John Willcock



### **KITCHEN BRIDGE – A Group for Both Women and Men!**

The Kitchen Bridge group will be meeting on **Thursday, March 2, 2023, 1:00 pm** at a member's home. New members welcome! If you are interested in joining this group, contact Betty Bignell at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com). Kitchen Bridge meets on the first Thursday of each month. Coordinators: Margaret & Rene Blanchet

### **LADIES BRIDGE CLUB**

The Ladies Bridge Club will get together on **Wednesday, March 15 at 1 pm**. The group meets on the third Wednesday of each month. **Online** bridge continues every **Monday at 1:00**. Coordinators: Carol Chillman, Caren Narvet

### **LET'S EAT OUT**

The group will next be dining together **March 23, 2023**. On an icy February evening, many members of the group enjoyed dinner at Slabtown Cidery. A good meal with enjoyable company. Meeting monthly to enjoy dinner with other Club members, this group has enjoyed dining in a great variety of restaurants. If you would like to join them, next month, please contact me at [interestgroups.uxbridgeptobus@gmail.com](mailto:interestgroups.uxbridgeptobus@gmail.com). The group meets monthly on the fourth Thursday. Coordinators: Gail & Chuck Heroux

### **LUNCH GROUP**

The Lunch Group will meet next on **March 27 at 12:00**. Group members are contacted monthly with the name of the restaurant where they will meet. Lunch in February was enjoyed at Boston Pizza, Uxbridge. If interested in joining this group, contact me, Betty Bignell at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com). The Lunch Group meets on the last Monday of the month at 12:00. Coordinators: Betty Bignell & Joy Freemantle





## MOVIES

This group periodically meets to watch movies together. In January the group attended a Toronto International Film Festival event at a new venue, the Flato Theatre in Markham.

If you would like to be a member of this group, please contact me at

[interestgroupsuxbridgeprobus@gmail.com](mailto:interestgroupsuxbridgeprobus@gmail.com).

Coordinators: Gail & Chuck Heroux

## PICKLEBALL

The Pickleball group is currently on hold until the Spring. Group members may be playing independently at indoor locations. If interested in joining this group, please contact Betty Bignell at

[interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com). Coordinators: Gerry Bignell, Barry Scarlett

## SCRABBLE

The Scrabble group will meet on **Wednesday, March 8 at 1:00 PM.**

They are a cooperative group interested in having a good time and stretching their brains (at least a little bit).

New members are welcome. If interested contact Betty at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com) or at the General Meeting. The group meets on the second Wednesday of each month at 1:00 pm.

Coordinator: Judy Fink

## \*SMALL TOWN THEATRE GROUP

Anyone one interested in Live Theatre may want to join this **new group** beginning in the Spring. Currently proposed is to enjoy lunch together, then attend matinees in the Durham and York Regions. Group members may be interested in attending comedies, musicals, or plays. If you want to join this group, please contact me,

Betty Bignell at [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com)

Coordinator: Steve Fryzuk

## URBAN WALKING

Beginning in Spring 2023, the group will meet monthly on the third Wednesday at 10:00 am. A social group, they walk at a moderate pace for about an hour. After the walk, if near a coffee shop members rest and chat with a coffee. New members will always be welcome! If you are interested in joining this group, please contact

Betty Bignell [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com).

Coordinator: June O'Donnell

## WINE CLUB **This group now has a waiting list.**

The Wine Group will be meeting next on **March 8, 2023, at 7:00 pm.**

Please contact me if you want to be added to the wait list. Betty Bignell, [interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com)

This group meets monthly on the second Wednesday.

Coordinators: Margaret & Rene Blanchet, Sherrill Burns



“There’s an Interest Group for that!” (Debra Revie Lippay)

**Betty Bignell**

**Interest Group Chair**

[interestgroups.uxbridgeprobus@gmail.com](mailto:interestgroups.uxbridgeprobus@gmail.com)

## A little fun

### Words of Wisdom - 2023

1. The biggest joke on mankind is that computers have begun asking humans to prove they aren't a robot.
  2. When a kid says "Daddy, I want mommy" that's the kid version of "I'd like to speak to your supervisor".
  3. It's weird being the same age as old people.
  4. Just once, I want a username and password prompt to say CLOSE ENOUGH.
  5. If I am ever on life support, unplug me and plug me back in and see if that works.
  6. Do you ever wake up in the morning and look in the mirror and think... "That can't be accurate?"
  7. Last night the internet stopped working so I spent a few hours with my family. They seem like good people.
  8. If Adam and Eve were Cajuns they would have eaten the snake instead of the Apple and saved us all a lot of trouble.
  9. We celebrated last night with a couple of adult beverages... Metamucil and Ensure.
  10. You know you are getting old when friends with benefits means having someone who can drive at night.
  11. Weight loss goal: To be able to clip my toenails and breathe at the same time.
  12. After watching how some people wear their masks, I understand why contraception fails.
  13. Some of my friends exercise every day. Meanwhile I am watching a show I don't like because the remote fell on the floor.
  14. For those of you that don't want Alexa or Siri listening in on your conversation, they are making a male version - it doesn't listen to anything.
  15. I just got a present labeled, 'From Mom and Dad', and I know damn well Dad has no idea what's inside.
  16. Now that I have lived through a plague, I totally understand why Italian renaissance paintings are full of fat people lying on couches.
  17. Now that we have everyone washing their hands correctly... next week... Turn Signals.
- And I end with... Love what you have before life teaches you to love what you lost.*

**Realized I had to use the bathroom.**

**Got up and walked across the house, to the pantry.**

**Couldn't remember why I was in the pantry.**

**remembered I had to use the bathroom.**

**Walked across the house to the bathroom.**

**Sitting on the throne I remembered why I went to the pantry...**

**Toilet paper.**

**What did our parents do when they were bored with no Internet?**

**I asked my 18 brothers and sisters, and they didn't know either.**

Irish Craic and Humour

**I had the RIGHT to remain silent....**

**But being IRISH,**

**I didn't have the**

**ABILITY!**

**Q: Did you know why God invented whiskey?**

**A: To prevent the Irish from ruling the world!**

A drunk goes to court. The judge says, 'You've been brought here for drinking.'  
The drunk says, 'Great. Let's get started.'  
An Irish Sense of Humor

Paddy's struggling down the road with a wardrobe.  
A friend says, "Hey paddy, why don't ya get mick to help?"  
Paddy says, "He's inside, carrying the clothes"

Paddy says to Murphy.... "My mate came off his motorbike today".  
"Oh really" Murphy said.  
"Yes, He has brain damage, 2 broken arms & is blind in one eye", replied Paddy  
"Fucking hell says Murphy, no wonder he came off" !!!!!

# HAPPY ST. PADDY'S DAY !

