

THE PROBUS CLUB OF UXBRIDGE - November 2023

www.uxbridgeprobus.com

uxbridgeprobus@gmail.com



UXFORMATION

MANAGEMENT TEAM

President
Kathy Clulow

Past-President
Chuck Heroux

Vice-President
Robin Dhillon

Secretary
Linda Abate

Treasurer
Margaret Blanchet

Speaker Chair
Zina Bolak

Social Committee Chairs
Gail Porter Heroux

Interest Groups Chair
Betty Bignell

Newsletter Editor
Bernie Beales

Membership Chair
Elaine Stevenson

Webmaster
Gerry Bignell

House Chair
Sally Kotsopoulos

Members At Large
Lynn Moore
April Gilkinson

President's Message:

Happy November! As I write this, the first sprinkling of snow covers my garden. It's just a reminder that seasons change, and winter is around the corner. I love that our PROBUS Club offers so many varied and interesting activities to look forward to over the winter and year-round. We can still be as active and social as we wish.

Our first meeting in our new location at the Uxbridge Community Centre was received with so many positive comments from our members. It is wonderful to have such easy access, easy parking, and ample space to enjoy our Club meetings and socialize. Come check it out and be first to sign up for upcoming events and interest groups.

What an honour to surprise both Gail and Chuck Heroux at our last meeting with a presentation by Brenda Andrews of our first "PROBUS Citation Awards". Over the past 5 years, both of them have been the backbone of our PROBUS Club, offering endless hours of commitment to making our club the best it can be. Congratulations Chuck and Gail and many many thanks for all you do for us.

I'm looking forward to our meeting next week. We will not forget this Remembrance Day celebration as we hear from Phil Craig, a master storyteller who leads Battlefield Tours throughout Europe. Chuck and Gail toured with him last spring so he comes highly recommended. We have a couple of surprises for you as well.

Join us on November 8 in our new location at the Community Centre. We look forward to seeing you.



Use the separate entrance at the west side of the building (see photo). Do not enter through the main arena doors.

From Your Speakers' Chair

November Speaker - Phil Craig – Liberation Tours

Phil Craig is Co-founder, Lead Historian and Master Story-Teller for Liberation Tours, an organization that offers battlefield tours throughout Europe. Phil has a passion for history and has studied military history since he was a teenager. He is co-founder of the Georgina Military Museum in Keswick and has many awards for his military historical work. Phil is also a producer and professional actor with numerous credits in film, television, and stage.



Don't miss our November 8 meeting where Phil will be making a Remembrance Day presentation about WWII and the 80th Anniversary of D-Day. To make it even more exciting, Phil will be joined by a surprise honorary guest. It will surely be something to "remember"!

Prepared by Zina Bolak

From Your House Chair

November is often considered the "calm" month. The hustle and bustle of school starting, Thanksgiving and Hallowe'en are past and we can take a breath before the next holiday season starts. PROBUS did not get this memo.

First let me thank all our House Committee Helpers for a job well done in October at the new site. We were able to see what worked and what needs some adjustments for November.

Room set up and take down volunteers for November are: April Gilkinson, Irene Hockstra and Ann Wicks. If you arrive early and want to lend a hand we welcome extra support!

Kitchen Volunteers are: Sheila Disley, Gwen Ringling and Paula Donahoe.

50/50 volunteer for November: Gillian Izzard

We have been asked to get volunteers to be greeters – one per month. This is a wonderful way to meet people and say hello to old friends. Please email me if you are interested in saying "Hello, Welcome to PROBUS!"

We have also been asked to find volunteers to work at the 50/50 draw. If you have harbored dreams of making wishes come true – then this is the role for you.

This requires you to ask, "How many tickets would you like? That will be \$_. Good luck!!"

Please send me an email for volunteering interest at sallykprodev@gmail.com



Updating Our By-Laws

As mentioned at the October General Meeting, we will be holding a vote at next week's meeting to update the Club's By-Laws. Every few years, PROBUS Canada reviews and updates its Constitution and ensures their By-Laws reflect the new Constitution.

Each of the local chapters MUST adopt the standard Constitution for PROBUS Clubs (so no need for a vote there) and review their own By-Laws to match the changes within 90 days. Along with Linda Abate and Kathy Clulow, I have been revising our own By-Laws. The original Constitution and By-Laws for the Club are posted on our website and the revised By-Law were e-mailed to you October 11. At our November meeting, we will be voting to accept the following motion:

I propose a motion that the Probus Club of Uxbridge, accept the proposed changes to the bylaws of the Probus Club of Uxbridge, which reflect the updated constitution from Probus Canada, dated July, 2023, as presented at this general meeting of October 11, 2023, representing 30 days notice to our members, and such motion to be put forward for voting on November 8, 2023.

Under existing By-Law 6-4:

Any motion for which the Club membership shall be requested to vote shall be first submitted in writing to the Secretary. The motion will be read at the General Meeting one month prior to the General Meeting when Club members will vote. This notice shall also be communicated by an email, an announcement in the Club newsletter and/or on the Club website, at least fourteen days prior to the General Meeting when the motion is to be presented.

This notice is to inform you of the Motion and it has also appeared on our website and in the email dated October 11.

The changes to the existing By-Laws are minor. Here is a summary:

Bylaw 1 Territory - to permit a 2nd club in the same territory if the membership exceeds the capacity

Bylaw 2 Membership & Fees - to include the actual initiation & membership fees

Bylaw 3 Management Team - to include "staggered terms", inclusion of House Chair as optional team position, inclusion of meetings shall be held monthly.

Bylaw 4 Election of Management Team - minor wording

Bylaw 5 Club Officers - minor wording (change Past President to Immediate Past President)

Bylaw 6 General & Annual Meetings - to include ability to postpone meetings in case of inclement weather, public health emergency or safety concerns

Bylaw 7 Financial - No change

Bylaw 8 Profitability - to include bylaw that says we must pay our bills

Bylaw 9 Assets - No change

Bylaw 10 Amendments - No change

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Bernie Beales

Newsletter Editor

Uxbridge PROBUS



From Your Social Committee

Trip to Salem Alpaca Farm - Oct. 23

North Durham is fortunate to have an enormous diversity of agricultural pursuits, and our social committee has arranged for a number of visits for interested members.

In October, over forty of our members visited the Salem Alpaca Farm in Manilla, and learned about these fascinating animals. They are related to llamas, and like them, from South America, but are smaller and apparently less obstreperous in nature. Here in Ontario they are raised for their wool, and shorn every spring. By October, as you can see from the pictures, they have grown a good deal of it back. The wool is used in clothing and duvet stuffing, and is exceptionally soft, warm and hypo-allergenic. Salem also operates a gift shop and a number of Christmas gifts were purchased.



Some of us also had lunch in Sunderland and the enthusiastic comments by everyone confirmed that the outing was a success. (Report by Chuck Heroux)



TO SIGN UP FOR ALL SOCIAL EVENTS:

First - you must sign up at the Social Events Table during General Meetings,
by e-mail to social.uxbridgeprobus@gmail.com
or by telephone to Social Chair Gail Heroux (905-852-9927).

Next - you must pay either by e-transfer to treasurer.uxbridgeprobus@gmail.com
or by cheque at a meeting or by mail to:
Uxbridge PROBUS c/o Gail Heroux, 72 Munro Cres., Uxbridge ON L9P 1L8.

You must be a vaccinated member of Uxbridge PROBUS to attend Social Events
(or be sponsored by a member and provide proof of COVID19 vaccination).

Upcoming Social Events

FRIDAY NOVEMBER 24

ONE OF A KIND CRAFT SHOW



The One-of-a-Kind show is one of the largest and best attended craft shows in North America, featuring unique, handmade crafts and the talented artisans who made them. The bus will leave the Walmart parking lot in the morning in time to arrive at the Enercare

Centre near show opening. Lunch will be on your own at the show (many choices available including food samples), and our bus will depart about 4:30 pm to return to Uxbridge.

COST: \$89 (member) \$94 (guest)

Sign up today! E-mail, telephone or at social table - see instruction box.

SUNDAY DECEMBER 3

MARKHAM CONCERT BAND - 2 p.m. A SEASONAL CELEBRATION

FLATO MARKHAM THEATRE



Please sign up to join us for dinner after the show at the Mandarin Restaurant (Boxgrove) in Markham.



WINE SURVIVOR 2023

Sign up today! E-mail, telephone or at social table - see instruction box.

Sign up by November 27! See flyer mailing for more details!



SUNDAY DECEMBER 10 - 1:00 PM
TRIBUTE CENTRE, OSHAWA (This is a drive yourself event)

CRYSTAL

CIRQUE DU SOLEIL'S FIRST SHOW PERFORMED ON ICE



WEDNESDAY DECEMBER 13 - ROYAL ASHBURN GC
**ANNUAL CHRISTMAS LUNCH
& GALA**

Cost: \$75 (member)
\$85 (guest) Sign up after Oct. 13
See flyer mailing for details



THURSDAY, JANUARY 18, 10 a.m. - Noon
COFFEE & CONVERSATION - Only \$5 pp
ONCE AGAIN DEIRDRE & ROBERT WILL HOST
THIS EVENT IN THEIR HOME



Toronto Tour

Thurs. Feb. 8

Step On Guide (a.m.)

Lunch at the Hot House Cafe

Visit to Little Canada (p.m.) to see
new displays (including East Coast)

Cost: \$155 (members)

\$165 (guests)

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Mysteriously Yours Mystery Dinner Theatre presents

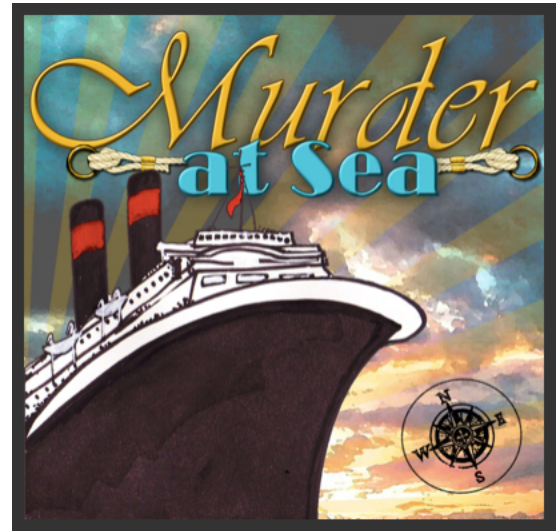
"MURDER AT SEA"

TUESDAY MARCH 26, 2024 11:30 a.m.

Cost: \$120 - Members \$130 - Guests

Lunchtime event with hot roast beef
meal catered by the Ladies Auxiliary of
the Uxbridge Legion (cash bar available)

[See separate flyer for more details](#)



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Local Events & Activities

OLD SCUGOG ROAD CHRISTMAS LIGHTS

Display lit nightly from 5-11 pm Dec 1 to Jan 3

Drive yourself on this wonderful Christmas Light Tour!
Head south on Old Scugog Road from Taunton Rd.
Turn right at each court and turn around in the
bottom court at the end of Old Scugog Rd., then
proceed north and complete the remaining courts
on your right.

For more information Google "Old Scugog Rd
Bowmanville" and watch You Tube videos of past
displays!



Social Media



Find us on
Facebook

We would like to invite you to join the **Uxbridge PROBUS Club For Members Only Facebook group**. It is a great way to stay informed about club activities, past, present and future, while keeping in touch with friends.

April Gilkinson has sent out email invitations with a link that makes it easy for you to join. Otherwise you can find us by searching for PROBUS Club of Uxbridge. We will have a monthly POST OF THE MONTH competition to encourage members to share content: pictures of your interest group doing what they do best, adventures during social outings or just you doing what you love.

NOTE: You will need a Facebook Account to join in the fun!

Reducing Your Footprint

ARE RECEIPTS RECYCLABLE?

DID YOU KNOW?

It may come as a surprise, but many cash register receipts are not recyclable! Most receipts today use thermal paper, which is coated with a dye and a developer. Heat from the printer makes the letters and numbers appear.

What's the problem?

BPA and BPS are the developers used in thermal paper. BPA was banned in food and drink containers as it was linked to several serious diseases. BPA and BPS are "forever chemicals" so they never will break down in the environment.

Tossing these receipts in our paper recycling contaminates the good paper products with BPA and BPS. These contaminants will be in any new products made from the recycled paper. Composting them would cause the chemicals to leach into the soil.

How do I tell the difference?

Thermal receipts – look "shiny", feel softer. Examples: receipts from ATMs, gas pumps, stores and lottery tickets. Thermal paper receipts should go in the garbage.

Regular paper receipts – are "crisper", have paler ink, are not shiny, feel dull. Receipts printed (or handwritten) on regular paper are fully recyclable.

What else can I do?

Have receipts emailed to you, or decline them if it makes sense.

This is the first in a series of monthly DID YOU KNOW? articles prepared by the Reducing Our Footprint Interest Group. See the Interest Group report if you would like to become a member!



From Your Interest Groups Chair



Our next General Meeting will be at the Uxbridge Community Centre on November 8, 2023!

All Club members are invited to join an Interest Group. On tables at the Community Centre there will be a sign-up sheet for every Current or any Potential Interest Group. You can join a group via the Sign-Up sheets or contact me, Betty Bignell, at interestgroups.uxbridgeprobus@gmail.com.

NOTE: We can always have more Book Groups! Consider suggesting a new Book Interest Group. You can suggest whatever topic you want!

POTENTIAL INTEREST GROUPS

Art Club, Astrology, Bowling, Board Games, Breakfast Club, Casino Visits, Cooking, Current Events, Discovering Uxbridge & Area, Fitness, History, Home Reno, Horses & Other Animals, Mah-jong, Meditation, Memoir Writing, Music, Sports: (Pole Walking, Running, Biking, Golf, Skiing, Skating, Swimming), Photography, Sailing, Yoga and more.

*If you have an idea of another potential new group or want to join one of the above suggested groups, please contact me at the General Meetings or send me a message.



TO SIGN UP FOR ALL INTEREST GROUPS:

At General Meetings, there will be Interest Group sign-up sheets at the back of the meeting room. If you are interested in joining any of the groups, add your name & contact information to the sign-up sheets! Please print! During the coffee break, I'll be at the back of the room with the sign-up sheets. Hopefully, I'll be able to answer any questions. Coordinators all have their group name tags and may be sitting with me, or elsewhere in the room available to answer any questions. Everyone joining an Interest Group must be a Club member!

As well you can contact me, Betty Bignell, at interestgroups.uxbridgeprobus@gmail.com. There usually isn't a charge to join an Interest Group, but some may have a minimal fee to pay for using the venue. Everyone joining an Interest Group must be a vaccinated member of the Club and have proof of vaccination for COVID-19 recorded by the Social Committee.

REMEMBER - THERE'S AN INTEREST GROUP FOR THAT! (Debra Revie Lippay)

Current Interest Groups

BANNED BOOK CLUB: Coordinator Camille Scarlett One spot left!

The next meeting will be on Tuesday, November 21, 2023, at 1:30. The group will be discussing The Bluest Eye by Toni Morrison. In October the group met to share their reactions after reading The Hunger Games by Suzanne Collins. The book represents one of the most frequently banned books intended for youth readers. The group discussion centered on the rationale of restricting access to the book. Some schools and libraries prevent young people from exploring the issues raised by this and similar books. The lively discussion was greatly enhanced by the diversity of backgrounds and perspective of group members. This group has a spot available for one new member. To sign up, follow the directions in the gold box above.

LIT HAPPENS - Coordinator Jen Thomson

Two spots left!

The group will meet next on November 23. The Elegance of the Hedgehog by M. Barbery was chosen as the group's first book to read. The group now has eight members and there is a spot for two new members! To sign up, follow the directions in the gold box above.



BOOK CLUB: Coordinators Gerri Martin & Kelly Keilty This group now has a wait list

The group will next meet on Thursday, November 23 at 1:30 to discuss Water for Elephants by Sara Gruen. In October the group enjoyed a lively afternoon discussing They Left Us Everything by Plum Johnson. Please contact Betty Bignell if you want to be added to the wait list.

CANASTA GAMES & LESSONS: Coordinator Amber D'Aguiar

Canasta Lessons will be held on November 9 from 1:00-2:00 pm with games following from 2:00-4:00 pm. Canasta Games will be played on November 27 from 10:00-12:00 pm. Canasta was a big hit in October with three tables of four playing at once! To sign up, follow the directions in the gold box above.



EUCHRE: Coordinator Carolyn Hicken

The Euchre group will meet on November 7 at 10:00 a.m. The Euchre group meets on the first Tuesday of the month at 10:00 am. To sign up, follow the directions in the gold box above.

GARDENING: Coordinator Sally Kotsopoulos

The group will meet on Thursday, November 2 at 11:30 to discuss preparations of their gardens for Winter, plantings of seeds and bulbs in the Fall as well as preparing for winter bird friends. Depending on where this group meets, there may be a very small initial charge and weekly charge for members of this group. To sign up, follow the directions in the gold box above.

GENEALOGY: Coordinator Bernie Beales **This group now has a wait list**

The next meeting will be Thursday, November 16 at 1:30. The group continues to change and evolve as members become more confident in their research skills and “graduate” to allow beginners to start on their journey. The Genealogy group meets on the third Thursday of each month from 1:30-3:30. Advance notice - there will be no meeting in December. Please contact Betty Bignell if you want to be added to the wait list.

HANDICRAFTS: Coordinator Sally Kotsopoulos

The group will meet on Friday, November 17 at 1:00 pm. Group members will be working on individual projects and catching up with each other. There will be a small initial charge and weekly charge for members of this group. To sign up, follow the directions in the gold box above.

HIKING: Coordinators Carol Fraser & John Willcock

Our Goodwood/Uxbridge area has a wonderful series of trails through a variety of forests and meadows, some quite flat, some with gentle hills. The group explores these forest trails near Uxbridge in the Durham and York Regions for 1 ½ to 2 hours. Join them for lively discussions, interesting views and leisurely treks! Hikes in November will start at 9:30, Thursday, November 2 and 9:30 Thursday, November 16. Hike details are emailed to group members for Pre-registration. The Hiking Group meets on the 1st and 3rd Thursday morning of each month at 9:30. To sign up, follow the directions in the gold box above



KITCHEN BRIDGE: Coordinator Anne-Marie Sacco

The group will be playing on Thursday, November 2 at 1:00 p.m. Currently there are eleven group members. It is difficult to have two tables playing as one or two people must sit out. New members are required. To sign up, follow the directions in the gold box above.

LADIES BRIDGE CLUB: Coordinator Caren Narvet

The group will meet next on November 14 at 1:00. The group requires one new member to be added to a game. Play is relaxed and the social aspect of the afternoon is enjoyed. The group meets monthly on the second Tuesday of each month at 1:00. To sign up, follow the directions in the gold box above.

ONLINE BRIDGE: Coordinator Caren Narvet

The group will meet on Mondays or Tuesdays at 1:00 in November. The group meeting dates will be sent to group members by email each month.

LET'S EAT OUT: Coordinators Gail & Chuck Heroux

Meeting monthly for dinner, Let's Eat Out members have enjoyed dining in a great variety of restaurants. In October, the group met at Pickles and Olives in Port Perry. When the name of the restaurant and location is chosen each month, group members will be notified. The group usually meets monthly on the third Thursday. To sign up, follow the directions in the gold box above.



LUNCH GROUP: Coordinators Betty Bignell & Joy Freemantle

The group will meet next on November 27 at 12:00. In October the group enjoyed lunch at the Hyland's Family Restaurant in Port Perry. Members are informed of the name of the next restaurant monthly. The Lunch Group meets on the last Monday of the month at 12:00. To sign up, follow the directions in the gold box above.



MOVIES: Coordinators Chuck & Gail Heroux

This group periodically meets to watch movies together. To sign up, follow the directions in the gold box above.

MULTI-DAY CLUB TRAVEL OPTIONS: Coordinator Anne-Marie Sacco.

Join other PROBUS members from February 3-10, 2024, at the "Lighthouse Pointe at Grand Lucayan", Freeport, Grand Bahama Island. This all-inclusive resort 4-star resort includes a Traditional Island View room, round-trip direct flights, checked baggage & round-trip transfers. All meals, snacks, drinks, gratuities and daily activities are also included. The trip's pricing is \$1,855.00 Cdn. total per person including taxes. *Please contact Kim Murphy at Getaway Travel, Uxbridge – 905-852-6171 and indicate you are from the Uxbridge PROBUS Club.

PICKLE BALL: Coordinators Gerry Bignell & Alan James

The Pickleball group has now closed for the season. To play independently, a summary of indoor locations including time, associated fees and/or membership requirements will be sent out to group members.

REDUCING YOUR FOOTPRINT: Coordinator Brian Keeling

The group will meet next on November 15 from 10:00-12:00. Group members will be choosing the topic to be added to the December newsletter. The purpose of the group is to discuss reducing our impact on the planet. Many topics can be discussed - energy, food & health. Each decision made can make a difference! To sign up, follow the directions in the gold box above.

SCRABBLE: Coordinator Judy Fink

The group will be meeting on Wednesday, November 8 following the General Meeting. Members will be bringing their lunch so they can begin playing at 1:00. The group meets on the second Wednesday of each month at 1:00 pm. To sign up, follow the directions in the gold box above.

SMALL TOWN THEATRE GROUP: Coordinators Steve Fryzuk & Peggy Kennedy

This group now has a wait list

On November 11, after meeting for lunch, the group will be going to the Whitby Courthouse Theatre to see "Lost in Yonkers". On November 26, they will see the performance of "39 Steps" at the Curtain Club in Richmond Hill. In October, after lunch at One Eyed Jack's, the group enjoyed "Calendar Girls" at the Oshawa Little Theatre. Small Town Theatre members may be interested in attending comedies, musicals, or plays in the Durham and York regions. Please contact Betty Bignell if you want to be added to the wait list.

WINE CLUB: Coordinators Sherrill Burns & Anne Gauvreau

This fun group will meet on Wednesday, November 8 at 7:00 pm. As the holiday season approaches, the theme is "WINE YOU WOULD SERVE YOUR FAMILY FOR THE HOLIDAYS". A discussion will ensue as to how members personally celebrate the holidays. Meetings are held at a group member's home. This group meets monthly on the second Wednesday at 7:00.



Something To Think About!

How seniors can keep those "aging" grey cells active! And for you younger ones, to get them growing!! (Answers at the bottom of the next page.)

1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?
2. There is a clerk at the butcher shop. He is five feet ten inches tall and he wears size 13 sneakers. What does he weigh?
3. Before Mt. Everest was discovered, what was the highest mountain in the world?
4. How much dirt is there in a hole that measures two feet by three feet by four feet?
5. What word in the English Language is always spelled incorrectly?
6. Billy was born on December 28th, yet his birthday is always in the summer. How is this possible?
7. In California, you cannot take a picture of a man with a wooden leg. Why not?
8. What was the President's Name in 1975?
9. If you were running a race, and you passed the person in second place, what place would you be in now?
10. Which is correct to say, "The yolk of the egg are white" or "The yolk of the egg is white"?
11. If a farmer has 5 haystacks in one field and 4 haystacks in the other field, how many haystacks would he have if he combined them all in another field?

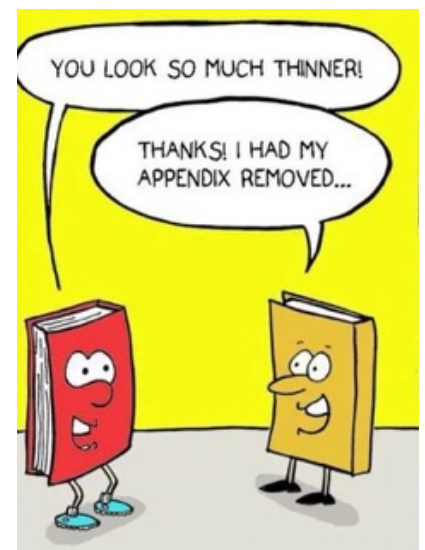
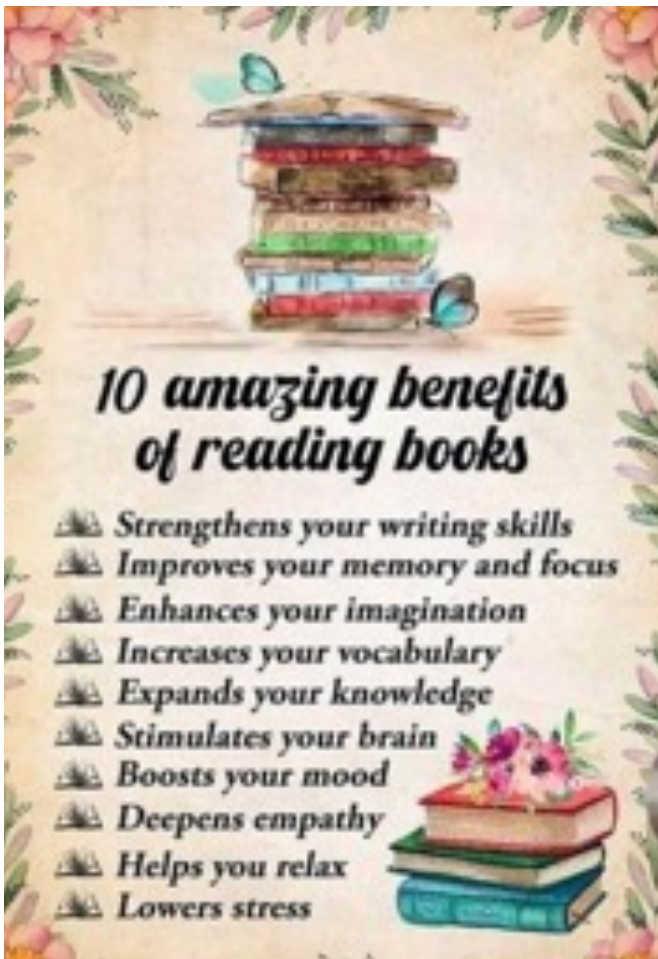


Share these with your grandkids!



Brainteasers stolen from Lakefield PROBUS Club!
Thanks!

Read All About It!



Answers to Brain Teasers

1. Johnny, of course!
2. Meat
3. Mt. Everest - it just wasn't discovered yet
4. There is no dirt in a hole
5. Incorrectly
6. Billy lives in the Southern Hemisphere
7. You can't take pictures with a wooden leg; you need a camera!
8. Same as it is now - Joe Biden!
9. You would be in 2nd. Well, you passed the person in 2nd place, not first!
10. Neither - the yolk of the egg is yellow.
11. If he combines all the haystacks, they become one big one!